

ReCHANCE – Rehabilitation approaches for providing former prisoners with personal development and society entry CHANCES

The ReCHANCE Project is working with **former prisoners** to offer training modules, resources and tools that will support them with their **reintegration into society on personal, social, and professional levels**.

In order to ensure the learning outputs of the project addressed the needs of this target group, we used the first year of the project to conduct **extensive desk research** and **target group analysis** to identify the skills most needed for their personal and professional development. We explored the **best practice** work that was taking place in the partner countries in relation to ex-prisoners and we compiled all our results in a **comprehensive and insightful report** that can be found on our [project website](#).

Up Next: What's in store in 2022!

In 2022, we will develop the toolkit of digital resources and train both professionals working to support ex-prisoners and ex-prisoners on the ReCHANCE e-learning platform. All of the resources will be available in all partner languages and freely accessible to the target group.

Key recommendations to consider moving forward:

Our research showed that prisoners whilst incarcerated should be equipped with essential skills such as work skills, connecting with members of the wider society, and for those that need it, have access to mental health services, addiction supports, and general healthcare services. Following the outcome of our research, the RECHANCE consortium identified that ex-prisoners need further and greater access to basic education to support the development of work skills and personal skills – both of which are essential to support their re-entry into society.

Work Skills these include time management, conflict resolution, teamwork, ICT Skills, how to navigate the internet, basic office applications, use of social media and communication skills via digital tools such as email.

Personal Skills include stress management, health advice (general and specific), addressing stigma, ICT and digital skills, communication, and self-esteem skills. These skill areas will be addressed in 2022 through our new learning tools and resources. *Stay Tuned!*

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ReCHANCE is an ERASMUS+ funded project with eight partner organisations from Czech Republic, Greece, Cyprus, Italy, Bulgaria, and Ireland.

